



Working with Partners in Indian Country to Eliminate Health Disparities

So Starkly Revealed by Diabetes

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June 28, 2007



“Those who suffer losses due to diabetes are not just statistics on a chart. They are people whose talents and wisdom are needed and whose problems deserve our unified efforts. Together we can join to make life more just and more joyful for generations to come.”



David Satcher, MD, PhD
Diabetes At a Glance, 2000





VISION

Healthy Communities, Healthy Nations
Indian Country Free of Diabetes

MISSION

With a circle of partners, work to eliminate health disparities so starkly revealed by diabetes in Indian Country





Find -- Identify diabetes prevention approaches based on Western and Native sciences, and evaluate for effectiveness.

Adapt -- Bring together the shared wisdom and traditional knowledge of wellness programs from communities.

Share -- Communicate reciprocally and share diabetes resources with communities.





Principles of Practice

- Consult tribal leadership.
- Respect Native knowledge.
- Share vision of hope.
- Invite participation of people invested.
- Establish direct relationships with tribes.
- Share “what works.”
- Respect power of words - keep our word
- Seek reciprocity.
- Reflect critically.



Diabetes Prevention

What's New is Old!



Satterfield and DeBruyn
2005. The malignment of
metaphor: silos revisited--
repositories and
sanctuaries for these
times. *Am J Prev Med*;
29(3).



Photo courtesy by Lemyra DeBruyn/DDT

Stories can allow the positive power of words to create a new empowering vision of the future and reshape the way one thinks about disease.



Carter, Perez, Gilliland. *Diabetes Educator* 1999;25(2):179--182.



A photograph of a river flowing through a lush green landscape. The river is in the foreground, curving to the right. The banks are covered in green grass and some small shrubs. In the background, there is a dense line of trees under a clear blue sky.

"Dispossession is at the root of health disparities."

Bird ME. Health and indigenous people:
recommendations for the next generation. *Amer J Public Health*
2002;92:1391--1392.

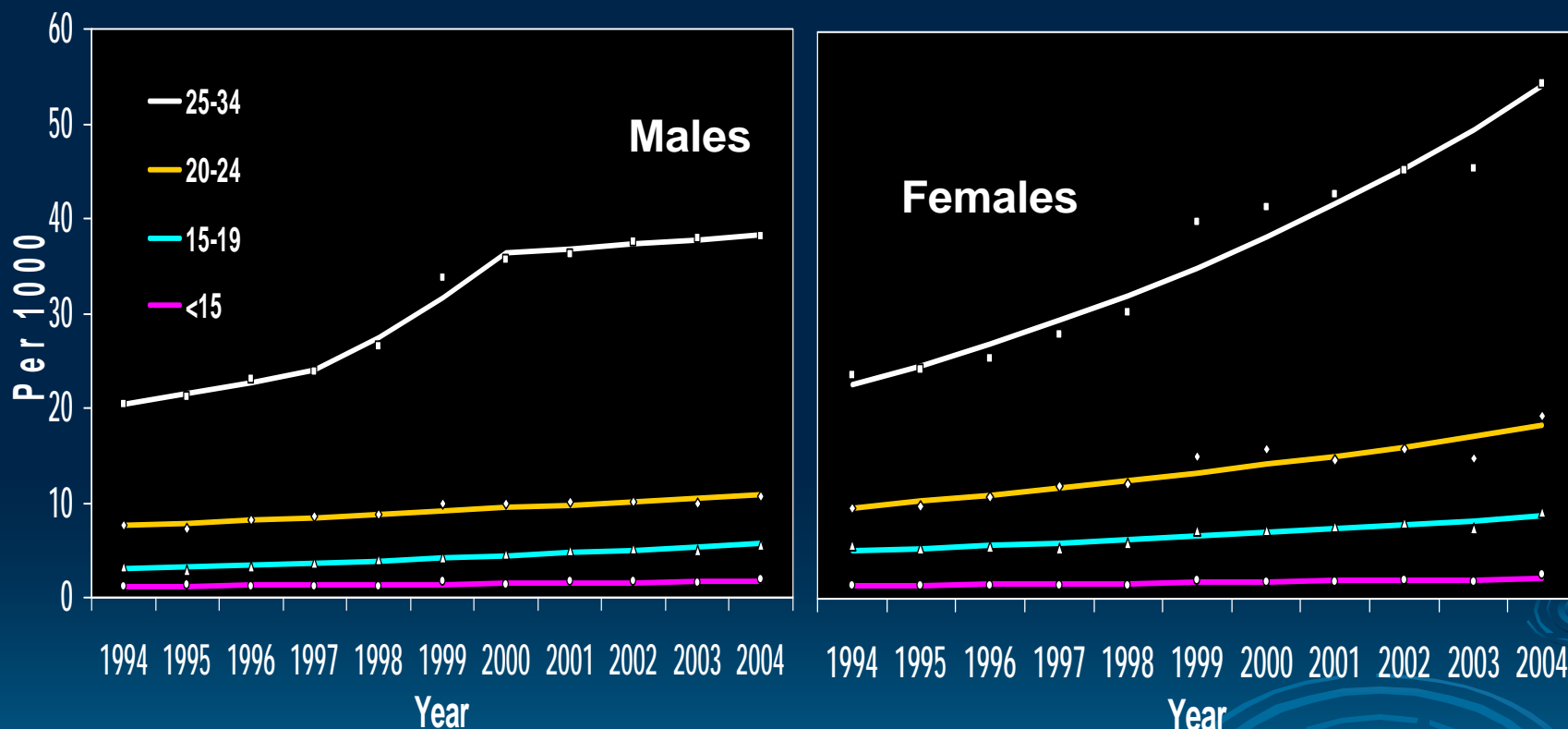
Photo: Dawn Satterfield



Ecologic
Model –
With influence
of Glasgow et
al;1999



Prevalence of diagnosed diabetes among American Indians and Alaska Natives younger than 35 years, by age and sex, 1994–2004



MMWR 2006;55(44).



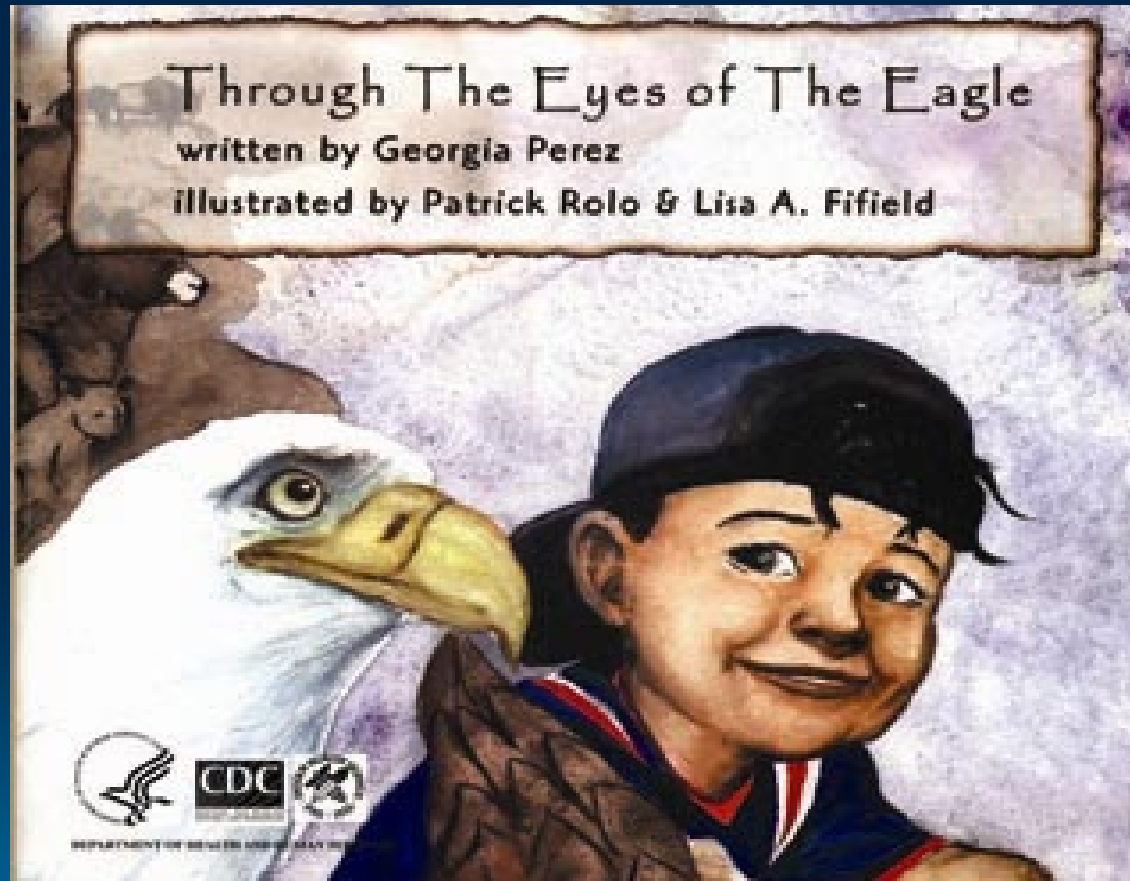
**1 in 3 Americans born in
2000 are expected to
develop diabetes
sometime during their
lifetime...**

Narayan, Boyle, Geiss, Saaddine, Thompson. *Diabetes Care* 2006;29(9):2114–2116.

<http://www.cdc.gov/nccdphp/publications/aag/ddt.htm>



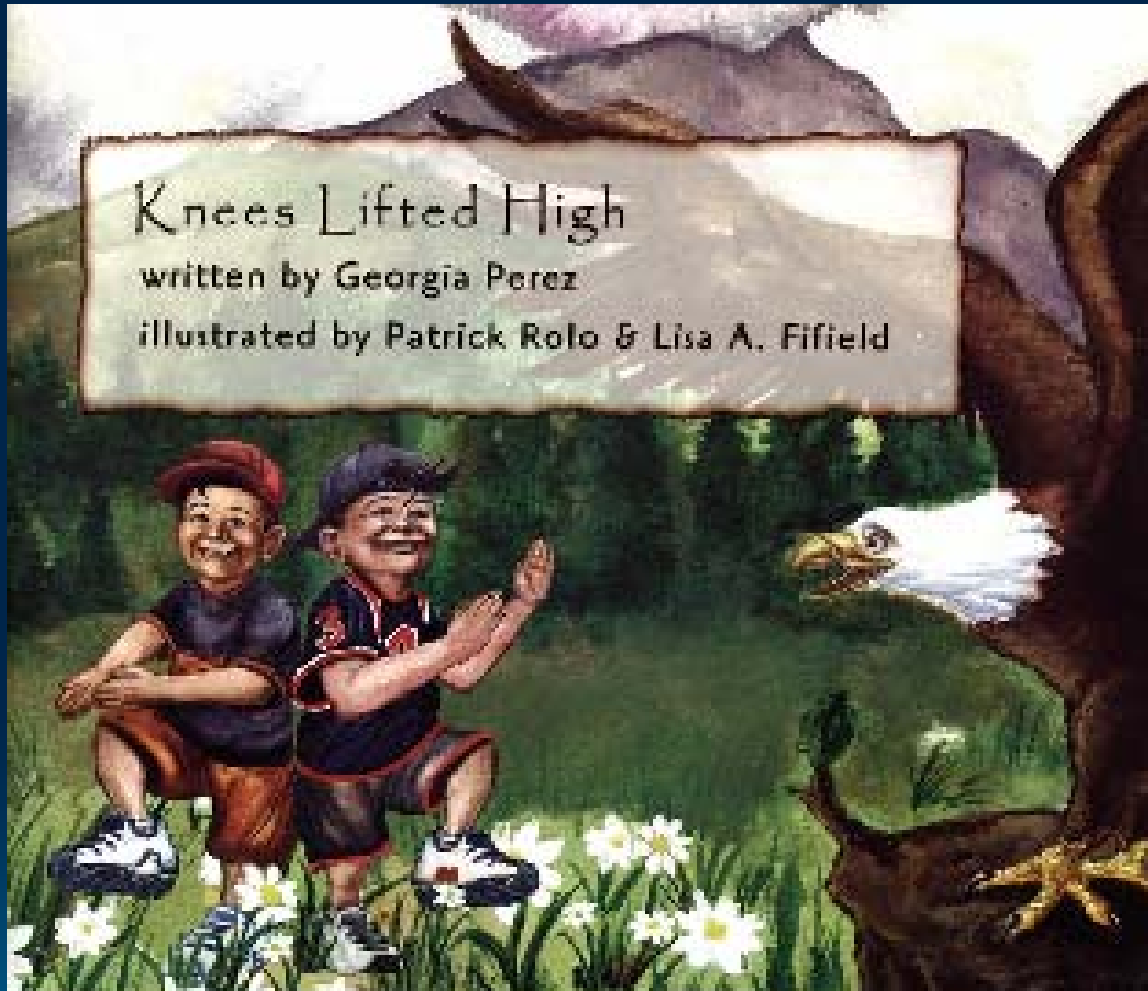
The Eagle Books: A series of four stories for children aged 5—9 years, featuring wise animal characters who teach children about healthy ways.



Knees Lifted High

written by Georgia Perez

illustrated by Patrick Rolo & Lisa A. Fifield



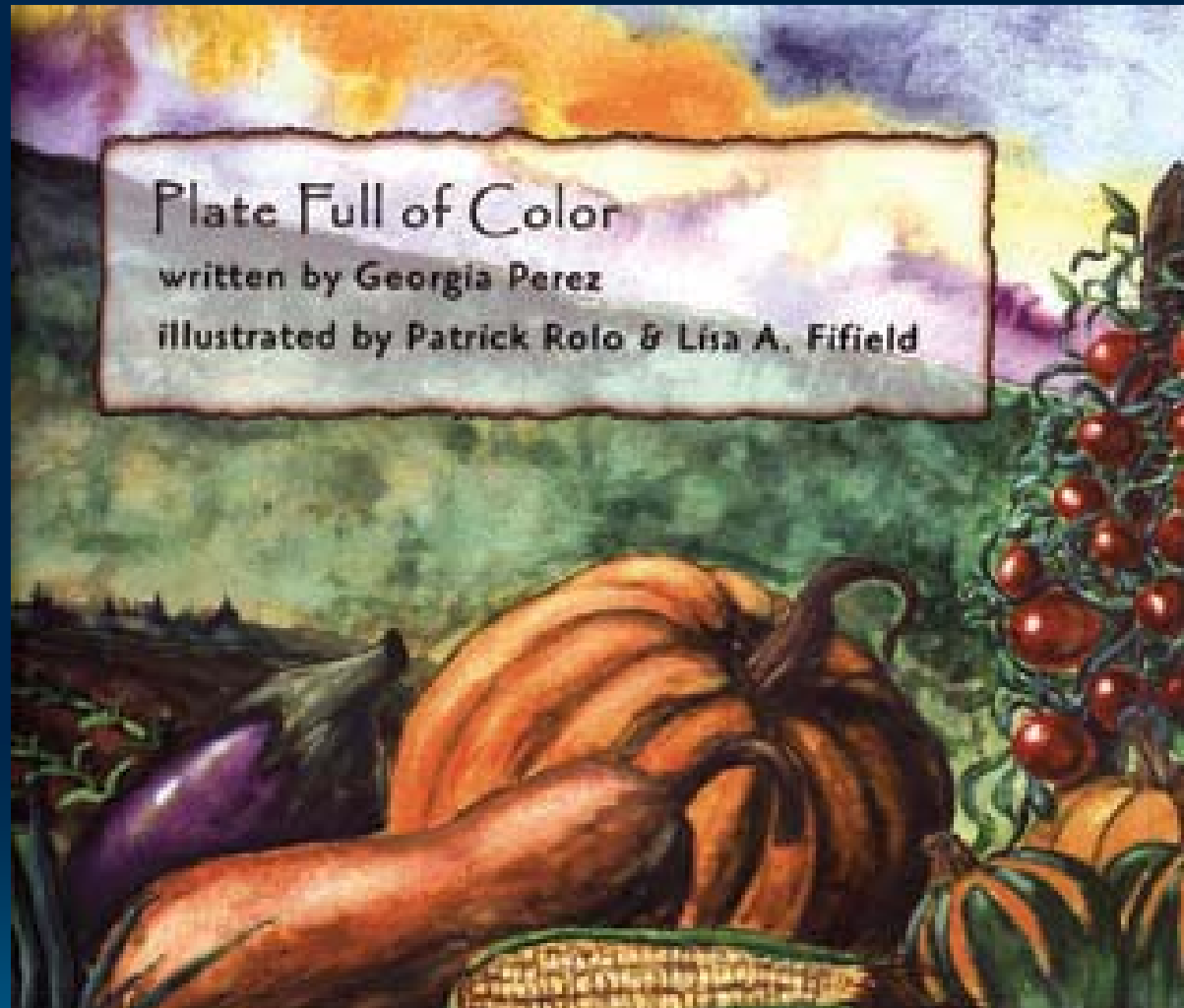
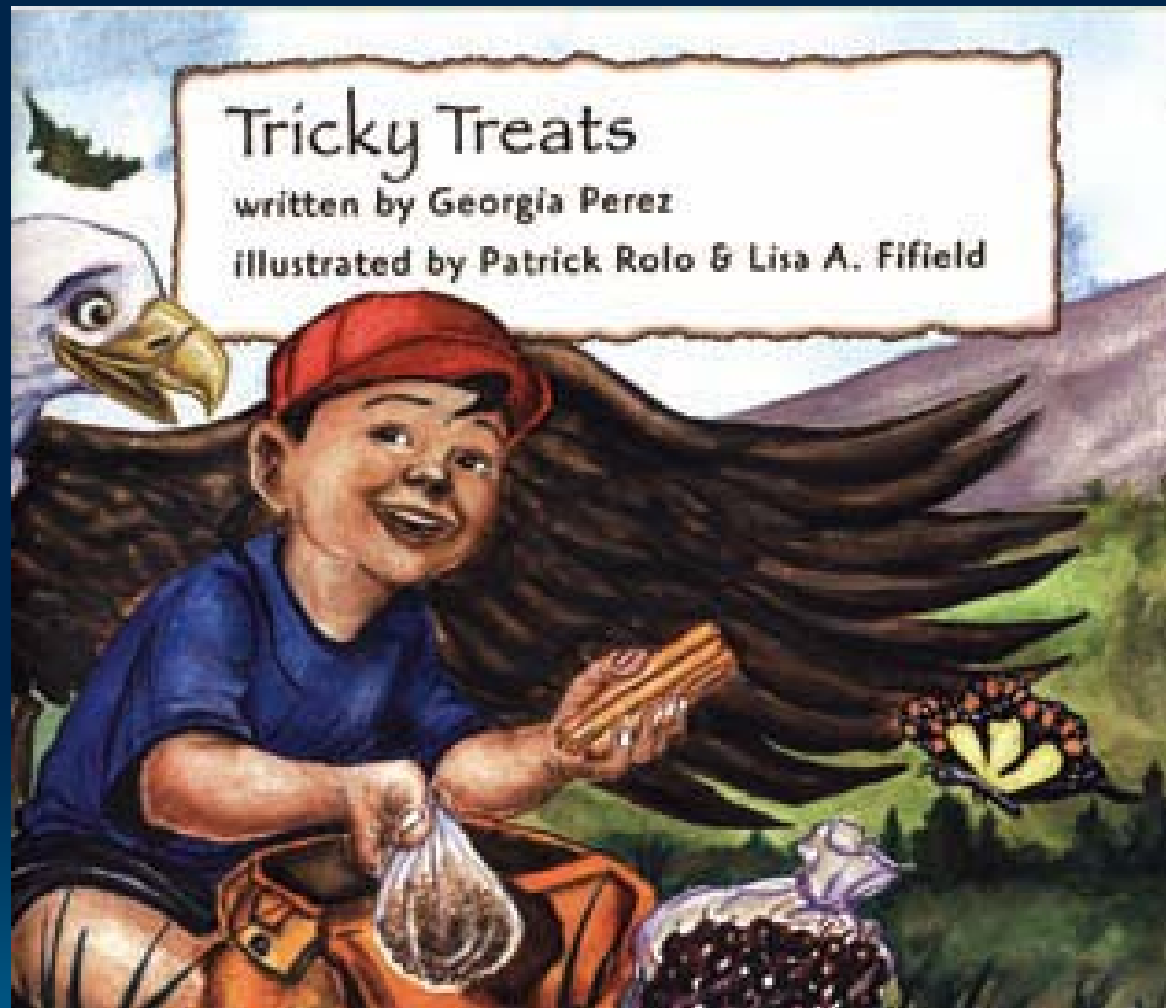


Plate Full of Color

written by Georgia Perez

illustrated by Patrick Rolo & Lisa A. Fifield

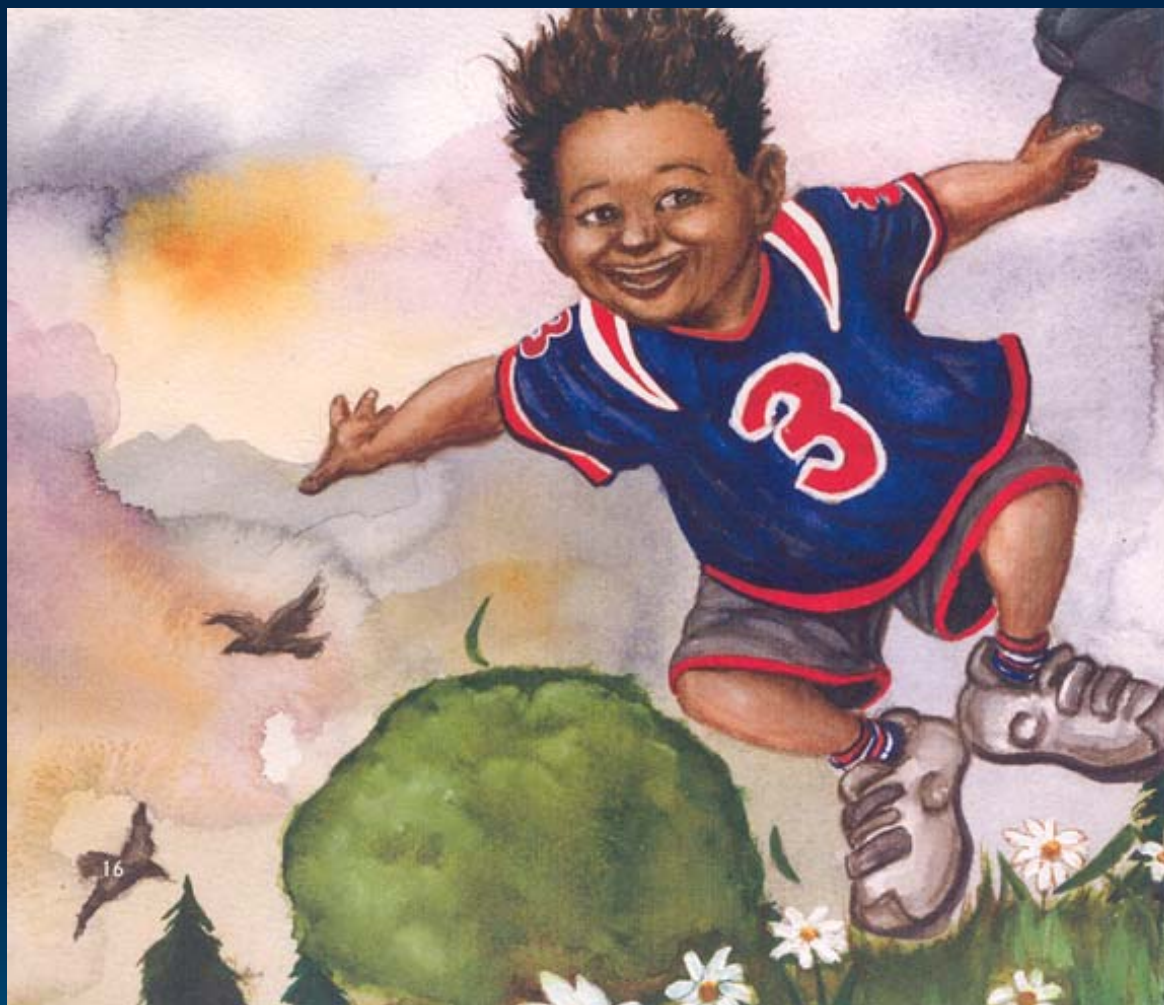






Knees Lifted High, Page 1





Knees Lifted High, Page 16



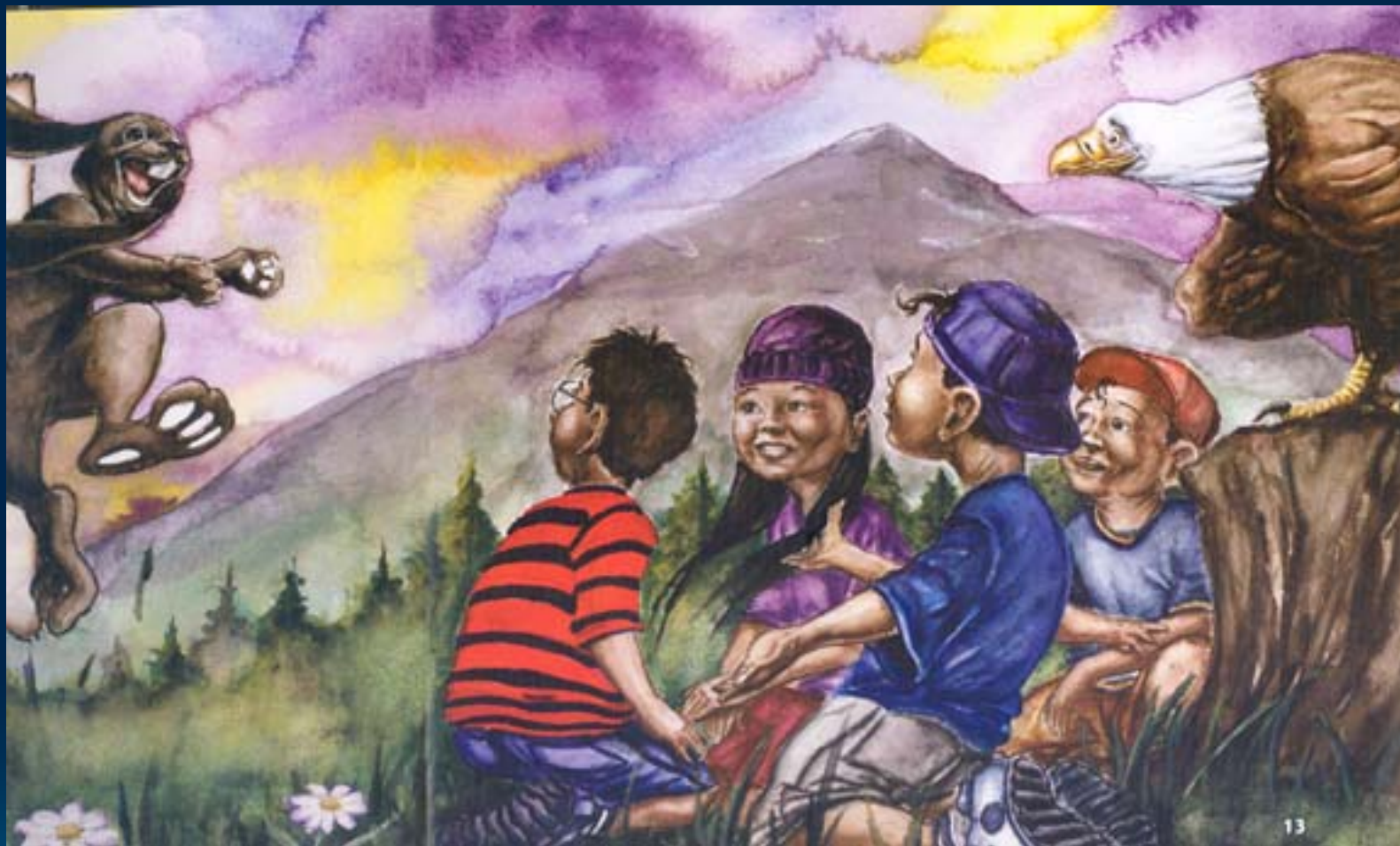
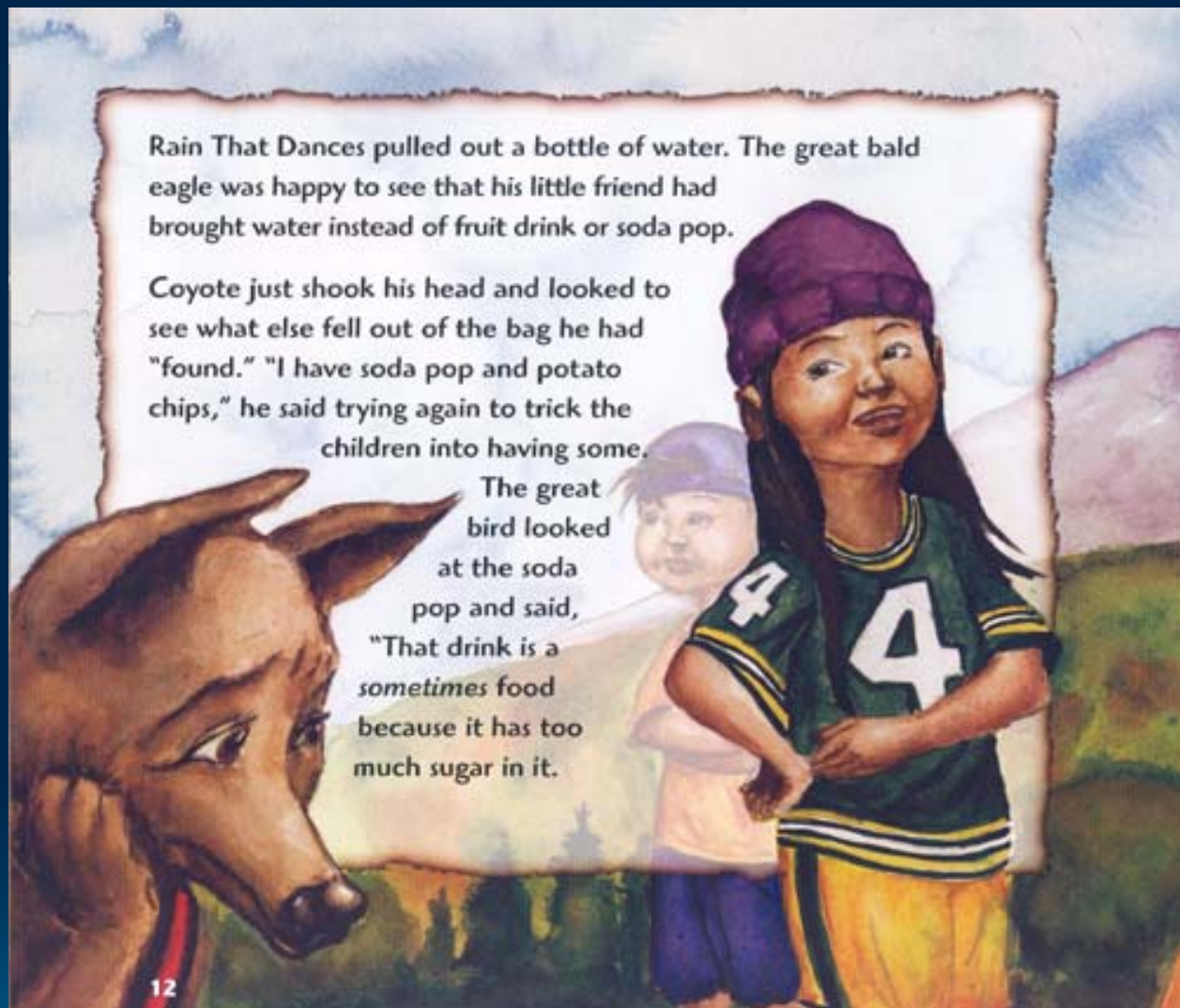


Plate Full of Color, Page 15





Rain That Dances pulled out a bottle of water. The great bald eagle was happy to see that his little friend had brought water instead of fruit drink or soda pop.

Coyote just shook his head and looked to see what else fell out of the bag he had "found." "I have soda pop and potato chips," he said trying again to trick the children into having some.

The great bird looked at the soda pop and said, "That drink is a *sometimes* food because it has too much sugar in it.



Photo: Dawn Satterfield



Through the Eyes of the Eagle: Illustrating Healthy Living for Children

October 12, 2006 – January 5, 2007



Global Health Odyssey | Tom Harkin Global Communications Center | Centers for Disease Control and Prevention

Exhibit of Original Art Work for the Eagle Books by Patrick Rolo and Lisa A. Fifield. CDC Global Health Odyssey Museum, Oct. 2006--Jan. 2007



Native Diabetes Wellness Program Grantees



Legend

Native Diabetes Wellness Program Grantee PROJECT

- Ho-Chunk Community Development Corp
- Lummi Indian Business Council
- Salish Kootenai College
- Southern Ute Indian Tribe
- Stockbridge-Munsee Community
- The Hopi Tribe
- Tulsa Indian Health Care Resource Center

Adaptations in Communities to Support Health Promotion and Diabetes Prevention: Eight Grantees



- Simple environmental interventions identified by community in policy, program, services or practices.
- Evaluation-shared components: nutrition, physical activity, communication.
- Non-research. Track community-level indicators of community actions.



Please join Mr. Eagle and friends to share the Eagle Book stories with children everywhere.

Single set of books: CDCINFO www.cdc.gov

Bulk supplies: Public Health Foundation at <http://bookstore.phf.org>*

Indian Health Service (for tribal programs) at

<http://www.ihs.gov/MedicalPrograms/diabetes/resources>

